



Uniforms | Middle School

Uniforms are an integral part of who we are as a Sacred Heart community. Wearing the school uniform sends the message to students that they are part of a larger community, being a student is something to be proud of and school is important. At Forest Ridge, we value the inner character of a girl rather than her outside appearance. In uniform, students are freed from focusing on their appearance and instead direct their attention to their studies and activities. Thank you for helping support our school's uniform policy.

Students must own all items for the dress uniform, which is required on special occasions throughout the school year, but may be worn any day. Families may also choose to own items from the daily uniform options as well, but it is not required.

Changes for 2022-2023:

- Dress uniform will only be worn on special occasions (examples include: first day of school, masses, guest speakers, etc.) and will not be worn on a set day each week. Dress uniform days will be published well in advance of dress uniform days.
- Athletic shoes/sneakers that are all black (no white logo, etc.) are allowed for dress uniform, but dress shoes and dress boots are preferred.
- Ravens-wear tops (t-shirts, long sleeve shirts and sweatshirts) from the school spirit wear shop can be worn as uniform option tops on Fridays. For middle school, Drama, enrollment management and sports sweatshirts can be worn on Ravens-wear Fridays, but not as daily uniform options.

	Daily Uniform Options	Dress Uniform (1 required from each section)
Shirt	Polo Shirt or Turtleneck: Plain white, forest green or navy with collar; long or short sleeve; no logos, other than optional Forest Ridge logo <i>Purchase from: Anywhere</i>	Polo Shirt: Plain white with collar; long or short sleeve; no logos, other than optional Forest Ridge logo <i>Purchase from: Anywhere</i>
Bottoms	Black-watch Plaid Skirt or Skort: no shorter than 4 inches above the knee, must wear shorts under skirt that do not extend beyond hemline of skirt <i>Purchase from: Dennis Uniform</i> Khaki Skirt or Skort: no shorter than 4 inches above the knee, must wear shorts under skirt that do not extend beyond hemline of skirt <i>Purchase from: Dennis Uniform or Lands' End Uniform</i>	Black-watch Plaid Skirt: no shorter than 4 inches above the knee, must wear shorts under skirt that do not extend beyond hemline of skirt <i>Purchase from: Dennis Uniform</i> Khaki or Corduroy Dress Pants: full length only; navy, light tan or light brown (no army green or brown); no jeans material; no cargo pockets or outside pockets (except for 2 standard back pockets) <i>Purchase from: Anywhere</i>

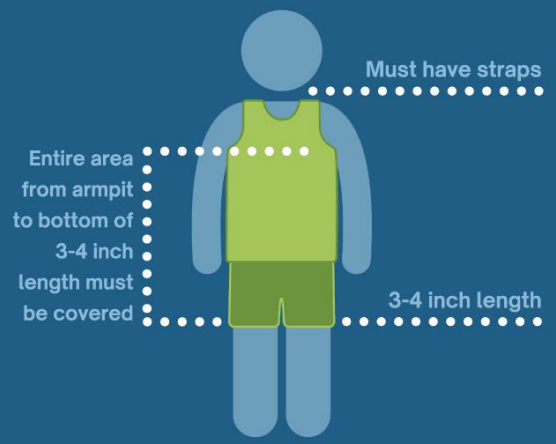
	<p>Navy Skort: no shorter than 4 inches above the knee <i>Purchase from: Lands' End Uniform</i></p> <p>Khaki or Corduroy Dress Pants: full length only, light tan or light brown (no army green or brown), no jeans, sweat pant or yoga pant material, no cargo pockets or outside pockets (except for 2 standard back pockets) <i>Purchase from: Anywhere</i></p> <p>Khaki Shorts: no shorter than 4 inches above the knee and do not extend beyond the knee, no cargo pockets <i>Purchase from: Anywhere</i></p>	
Sweater	<p>Green Sweater: Cardigan or Pull Over <i>Purchase from: Dennis Uniform or Land's End Uniform</i></p>	<p>Green Sweater: Cardigan or Pull Over <i>Purchase from: Dennis Uniform or Land's End Uniform</i></p>
Sweatshirts, Vests and Jackets	<p>Forest Ridge Sweatshirt: Forest green, navy or gray; must have school name or logo embroidery <i>Purchase from: Lands' End Uniform</i></p> <p>Forest Ridge Vest: Forest green or navy fleece or down vest, must have school logo embroidery <i>Purchase from: Lands' End Uniform</i></p> <p>Forest Ridge Jacket: Forest green or navy fleece or down jacket, must have school logo embroidery <i>Purchase from: Lands' End Uniform</i></p>	
Socks, Tights and Leggings	<p>Tights: Solid black or forest green (no patterns) <i>Purchase from: Anywhere</i></p> <p>Black Leggings: Plain, solid black leggings (no decoration, pattern or athletic pants) may be worn in place of tights. No knee socks over leggings. Must be worn under a skirt; cannot be worn alone as pants. <i>Purchase from: Anywhere</i></p>	<p>Tights: Solid black or forest green (no patterns) <i>Purchase from: Anywhere</i></p> <p>Black Leggings: Plain, solid black leggings (no decoration, pattern or athletic pants) may be worn in place of tights, provided they are <u>tucked into</u> black dress boots, with no socks showing. Must be worn under a skirt; cannot be worn alone as pants.</p>

	<p>Ankle/Crew Socks: May wear any color <i>Purchase from: Anywhere</i></p> <p>Knee High Socks: Solid forest green only, cannot be worn over leggings <i>Purchase from: Anywhere</i></p>	<p><i>Purchase from: Anywhere</i></p> <p>Knee High Socks: Solid forest green only, cannot be worn over leggings <i>Purchase from: Anywhere</i></p>
Shoes	<p>Shoes or Boots: comfortable to walk and navigate in on campus; no open toes or open backs; no heel or platform higher than 2 inches</p>	<p>Black Dress Shoes: No athletic shoes, hiking boots, cowboy boots or rain boots; soles of shoes must be black or dark brown, no white or light-colored soles; no sparkles, pattern or other colors on shoes or boots; no open toes or backs; no heel or platform higher than 2 inches</p> <p>Black Dress Boots: No hiking boots, cowboy boots or rain boots; must be worn with tights or black leggings; soles of shoes must be black or dark brown, no white or light-colored soles; no sparkles, pattern or other colors on boots; no heel or platform higher than 2 inches</p> <p>Black Athletic Shoes/Sneakers: Dress shoes or dress boots are preferred, but students may wear all black athletic shoes/sneakers; soles of shoes must be black or dark brown, no white or light-colored soles; no sparkles, pattern or other colors on shoes or boots; no open toes or backs; no heel or platform higher than 2 inches</p>
Accessories	<ul style="list-style-type: none"> • Accessories that are potentially unsafe will not be allowed at school (including, but not limited to: studded belts, chains, spikes, handcuffs, safety pins, etc.) • Belts must be functional, not decorative. • Hats, sunglasses and neck scarves may not be worn during class, assemblies or liturgies. 	
Notes	<ul style="list-style-type: none"> • All uniform items must meet dress code guidelines. • No holes or rips in any uniform item (tops and bottoms). • No crop tops allowed as part of uniform or dress code. 	

Non-Uniform Dress Guidelines

- Entire area from armpit to 3-4" above the knee must be covered.
- The following tops may not be worn to school:
 - Tops that have straps that are less than 1" wide.
 - Tops that are see-through.
 - Tops that do not fully cover undergarments.
 - Tops that do not cover from at least the armpit to the top of pants/skirt, etc.
- Skirts, shorts and dresses must be no shorter than 3-4" above the knee.
- Clothing should not contain any messages, symbols or references of profanity, drugs and alcohol, violence or disrespect of a group or individual.
- Accessories that are potentially unsafe will not be allowed at school (including, but not limited to: studded belts, chains, spikes, handcuffs, safety pins, etc.)
- Shoes must have a heel or platform of 2" or less.

FOREST RIDGE
Dress Code



No message or symbols or references on your clothing of:

- Profanity
- Violence
- Drugs, alcohol
- Disrespect of a group or individual

If in doubt about your clothing choice, bring another option or something to wear over your outfit.