

Uniform Details | High School

Uniforms are an integral part of who we are as a Sacred Heart community. Wearing the school uniform sends the messages to students that they are part of a larger community, being a student is something to be proud of and school is important. At Forest Ridge, we value the inner character of a girl rather than her outside appearance. In uniform, students are freed from focusing on their appearance and instead direct their attention to their studies and activities. Thank you for helping support our school's uniform policy.

There are two variations of the school uniform: a daily uniform (worn on most school days, Monday-Thursday) and a dress uniform (may be worn any day but required on special occasions throughout the school year). High school students are able to wear non-uniform dress on Fridays.

Updates for 2022-2023:

- Dress uniform will only be worn on special occasions (examples include: first day of school, masses, guest speakers, etc.) and will not be worn on a set day each week. Dress uniform days will be published well in advance of dress uniform days.
- Athletic shoes/sneakers that are all black (no white logo, etc.) are allowed for dress uniform, but dress shoes and dress boots are preferred.
- Addition of forest green blazer (grades 9-12) and navy blue blazer (grade 12).
- Ravens wear shirts can no longer be worn on uniform days (unless they are worn as part of a sports uniform on game days).
- Leggings may only be worn when worn under a skirt.
- Sweatpants are no longer a uniform option.
 - Students can purchase chinos that are elastic waist from many stores/websites for those who are uncomfortable in structured waist bands.

	Daily Uniform Options	Dress Uniform
		(1 required from each section)
Shirt	 Polo Shirt or Turtleneck: Plain white, forest green or navy with collar; long or short sleeve; no logos, other than optional Forest Ridge logo Purchase from: Anywhere Seniors Only – White Blouse: Plain white blouse with a collar; long sleeve or short sleeve; no logos Purchase from: Anywhere 	Polo Shirt: Plain white with collar; long or short sleeve; no logos, other than optional Forest Ridge logo <i>Purchase from: Anywhere</i>
Bottoms	Black-watch Plaid Skirt or Skort: no shorter than 4 inches above the knee, must wear shorts under skirt that do not extend beyond hemline of skirt Purchase from: Dennis Uniform	Black-watch Plaid Skirt: no shorter than 4 inches above the knee, must wear shorts under skirt that do not extend beyond hemline of skirt Purchase from: Dennis Uniform

	Chino Skirt or Skort: no shorter than 4	Chine on Condunou Droce Denter full
	inches above the knee, must wear shorts under skirt that do not extend beyond hemline of skirt	Chino or Corduroy Dress Pants: full length only; navy, light tan or light brown (no army green or brown); no denim material; no cargo pockets or outside pockets (except for 2 standard
	Purchase from: Dennis Uniform or Lands' End Uniform	back pockets)
	Navy Skort: no shorter than 4 inches above the knee	Purchase from: Anywhere
	Purchase from: Lands' End Uniform	
	Chino or Corduroy Dress Pants: full length only; navy blue, light tan or light brown (no army green or brown); no denim, sweat pant or yoga pant material; no cargo pockets or outside pockets (except for 2 standard back pockets)	
	Purchase from: Anywhere	
	Chino Shorts : no shorter than 4 inches above the knee and do not extend beyond the knee, no cargo pockets	
	Purchase from: Anywhere	
Sweater	Green Sweater: Cardigan or Pull Over	Green Sweater: Cardigan or Pull Over
	Purchase from: Dennis Uniform or Lands' End Uniform	Purchase from: Lands' End Uniform or Dennis Uniform
	Green Blazer	Green Blazer
	Purchase from: Lands' End Uniform	Purchase from: Lands' End Uniform
	Seniors Only: Navy Blue Sweater or Blazer	Seniors Only: Navy Blue Sweater (cardigan or pullover) or Blazer
	Purchase from: Lands' End Uniform (sweater and blazer) or Dennis Uniform (sweater)	Purchase from: Lands' End Uniform (sweater and blazer) or Dennis Uniform (sweater)
Sweatshirts,	Forest Ridge Sweatshirt: Forest green,	
Vests and Jackets	navy or gray; must have school name or logo embroidery/printing	
JALKELS	Purchase from: Lands' End Uniform	
	Forest Ridge Sports Team, Club or Class Sweatshirt: Must be an approved Forest Ridge sports team, class or club sweatshirt	

	Forest Ridge Vest: Forest green or navy fleece or down vest, must have school logo embroidery Purchase from: Lands' End Uniform	
	Forest Ridge Jacket: Forest green or navy fleece or down jacket, must have school logo embroidery	
	Purchase from: Lands' End Uniform	
Socks, Tights and Leggings	Tights : Solid black or forest green (no patterns)	Tights : Solid black or forest green (no patterns)
	Purchase from: Anywhere	Purchase from: Anywhere
	Black Leggings: Plain, solid black leggings (no decoration, pattern or athletic pants) may be worn in place of tights, provided they are <u>tucked into</u> black dress boots, with no socks showing. Must be worn under a skirt; cannot be worn alone as pants.	Black Leggings: Plain, solid black leggings (no decoration, pattern or athletic pants) may be worn in place of tights, provided they are <u>tucked into</u> black dress boots, with no socks showing. Must be worn under a skirt; cannot be worn alone as pants.
	Purchase from: Anywhere	Purchase from: Anywhere
	Ankle/Crew Socks: May wear any color Purchase from: Anywhere	Knee High Socks: Solid forest green, cannot be worn over leggings
	Knee High Socks: Solid forest green only, cannot be worn over leggings Purchase from: Anywhere	Purchase from: Anywhere Seniors Only: Navy blue knee high socks or navy blue tights
	Seniors Only: Navy blue knee high socks or navy blue tights	Purchase from: Anywhere
	Purchase from: Anywhere	
Shoes	Shoes or Boots: Comfortable to walk in and navigate campus; no open toes or open backs; no heel or platform higher than 2 inches; no slippers.	Black Dress Shoes: No hiking boots, cowboy boots or rain boots; soles of shoes must be black or dark brown, no white or light-colored soles; no sparkles, pattern or other colors on shoes or boots; no open toes or backs; no heel or platform higher than 2 inches
		Black Dress Boots: No hiking boots, cowboy boots or rain boots; must be worn with tights or black leggings; soles of shoes must be black or dark brown, no white or light-colored soles; no

		sparkles, pattern or other colors on boots; no heel or platform higher than 2 inches Black Athletic Shoes/Sneakers: Dress shoes or dress boots are preferred, but students may wear all black athletic shoes/sneakers; soles of shoes must be black or dark brown, no white or light- colored soles; no sparkles, pattern or other colors on shoes or boots; no open toes or backs; no heel or platform higher than 2 inches	
Accessories	but not limited to: studded belts, chaiBelts must be functional, not decorational	Accessories that are potentially unsafe will not be allowed at school (including, but not limited to: studded belts, chains, spikes, handcuffs, safety pins, etc.) Belts must be functional, not decorative. Hats, sunglasses and neck scarves may not be worn during class, assemblies or	
Notes	All uniform items must meet dress code guidelines. No holes or rips in any uniform item (tops and bottoms). No crop tops allowed as part of uniform or dress code.		

Non-Uniform Dress Guidelines

- Entire area from armpit to 3-4" above the knee must be covered.
- The following tops may not be worn to school:
 - Tops that have straps that are less than 1" wide.
 - Tops that are see-through.
 - Tops that do not fully cover undergarments.
 - Tops that do not cover from at least the armpit to the top of pants/skirt, etc.
- Skirts, shorts and dresses must be no shorter than 3-4" above the knee.
- Clothing should not contain any messages, symbols or references of profanity, drugs and alcohol, violence or disrespect of a group or individual.
- Accessories that are potentially unsafe will not be allowed at school (including, but not limited to: studded belts, chains, spikes, handcuffs, safety pins, etc.)
- Shoes must have a heel or platform less than 2".



FOREST RIDGE

Profanity

your clothing of:

- Violence
- Drugs, alcohol
 Disrespect of a group
 or individual

If in doubt about your clothing choice, bring another option or something to wear over your outfit.