



## Uniform Details | Upper School

Uniforms are an integral part of who we are as a Sacred Heart community. Wearing the school uniform sends the messages to students that they are part of a larger community, being a student is something to be proud of and school is important. At Forest Ridge, we value the inner character of a girl rather than her outside appearance. In uniform, students are freed from focusing on their appearance and instead direct their attention to their studies and activities. Thank you for helping support our school’s uniform policy.

There are two variations of the school uniform: a daily uniform (worn on most school days, Monday-Thursday) and a dress uniform (may be worn any day but required on special occasions throughout the school year). High school students are able to wear non-uniform dress on Fridays.

|                | Daily Uniform Options   | Dress Uniform<br>(1 required from each section)  |
|----------------|---|--|
| <b>Shirt</b>   | <p><b>Polo Shirt or Turtleneck:</b> Plain white, forest green or navy with collar; long or short sleeve; no logos, other than optional Forest Ridge logo<br/><i>Purchase from: Anywhere</i></p> <p><b>Seniors Only – White Blouse:</b> Plain white blouse with a collar; long sleeve or short sleeve; no logos<br/><i>Purchase from: Anywhere</i></p>   | <p><b>Polo Shirt:</b> Plain white with collar; long or short sleeve; no logos, other than optional Forest Ridge logo<br/><i>Purchase from: Anywhere</i></p>                                      |
| <b>Bottoms</b> | <p><b>Black-watch Plaid Skirt or Skort:</b> no shorter than 4 inches above the knee, must wear shorts under skirt that do not extend beyond hemline of skirt<br/><i>Purchase from: Dennis Uniform</i></p> <p><b>Chino Skirt or Skort:</b> no shorter than 4 inches above the knee, must wear shorts under skirt that do not extend beyond hemline of skirt<br/><i>Purchase from: Dennis Uniform or Lands’ End Uniform</i></p> <p><b>Navy Skort:</b> no shorter than 4 inches above the knee<br/><i>Purchase from: Lands’ End Uniform</i></p> <p><b>Chino or Corduroy Dress Pants:</b> full length only; navy blue, light tan or light brown (no army green or brown); no denim, sweat pant or yoga pant material; no cargo pockets or outside pockets (except for 2 standard back</p> | <p><b>Black-watch Plaid Skirt:</b> no shorter than 4 inches above the knee, must wear shorts under skirt that do not extend beyond hemline of skirt<br/><i>Purchase from: Dennis Uniform</i></p> |

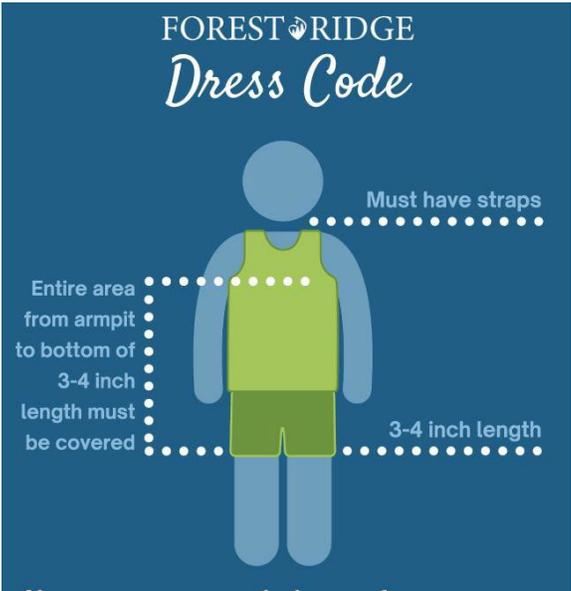
|                |  |  |
|----------------|--|--|
|                | <p>pockets)<br/><i>Purchase from: Anywhere</i></p> <p><b>Chino Shorts:</b> no shorter than 4 inches above the knee and do not extend beyond the knee, no cargo pockets<br/><i>Purchase from: Anywhere</i></p>  |  |
|                | <p><b>Chino Skirt or Skort:</b> no shorter than 4 inches above the knee, must wear shorts under skirt that do not extend beyond hemline of skirt<br/><i>Purchase from: Dennis Uniform or Lands' End Uniform</i></p> <p><b>Navy Skort:</b> no shorter than 4 inches above the knee<br/><i>Purchase from: Lands' End Uniform</i></p> <p><b>Chino or Corduroy Dress Pants:</b> full length only; navy blue, light tan or light brown (no army green or brown); no denim, sweat pant or yoga pant material; no cargo pockets or outside pockets (except for 2 standard back pockets)<br/><i>Purchase from: Anywhere</i></p> <p><b>Chino Shorts:</b> no shorter than 4 inches above the knee and do not extend beyond the knee, no cargo pockets<br/><i>Purchase from: Anywhere</i></p> | <p><b>Chino or Corduroy Dress Pants:</b> full length only; navy, light tan or light brown (no army green or brown); no denim material; no cargo pockets or outside pockets (except for 2 standard back pockets)<br/><i>Purchase from: Anywhere</i></p>   |
| <b>Sweater</b> | <p><b>Green Sweater:</b> Cardigan or Pull Over<br/><i>Purchase from: Dennis Uniform or Lands' End Uniform</i></p> <p><b>Green Blazer</b><br/><i>Purchase from: Lands' End Uniform</i></p> <p><b>Seniors Only:</b> Navy Blue Sweater or Blazer<br/><i>Purchase from: Lands' End Uniform (sweater and blazer) or Dennis Uniform (sweater)</i></p>  | <p><b>Green Sweater:</b> Cardigan or Pull Over<br/><i>Purchase from: Lands' End Uniform or Dennis Uniform</i></p> <p><b>Green Blazer</b><br/><i>Purchase from: Lands' End Uniform</i></p> <p><b>Seniors Only:</b> Navy Blue Sweater (cardigan or pullover) or Blazer<br/><i>Purchase from: Lands' End Uniform (sweater and blazer) or Dennis Uniform (sweater)</i></p> |

|  |   |  |
|--|---|--|
| <p><b>Sweatshirts, Vests and Jackets</b></p> | <p><b>Forest Ridge Sweatshirt:</b> Forest green, navy or gray; must have school name or logo embroidery/printing<br/><i>Purchase from: Lands' End Uniform</i></p> <p><b>Forest Ridge Sports Team, Club or Class Sweatshirt:</b> Must be an approved Forest Ridge sports team, class or club sweatshirt</p>  |  |
|  | <p><b>Forest Ridge Vest:</b> Forest green or navy fleece or down vest, must have school logo embroidery<br/><i>Purchase from: Lands' End Uniform</i></p> <p><b>Forest Ridge Jacket:</b> Forest green or navy fleece or down jacket, must have school logo embroidery<br/><i>Purchase from: Lands' End Uniform</i></p>   |  |
| <p><b>Socks, Tights and Leggings</b></p>     | <p><b>Tights:</b> Solid black or forest green (no patterns)<br/><i>Purchase from: Anywhere</i></p> <p><b>Black Leggings:</b> Plain, solid black leggings (no decoration, pattern or athletic pants) may be worn in place of tights, provided they are <u>tucked into</u> black dress boots, with no socks showing. Must be worn under a skirt; cannot be worn alone as pants.<br/><i>Purchase from: Anywhere</i></p> <p><b>Ankle/Crew Socks:</b> May wear any color<br/><i>Purchase from: Anywhere</i></p> <p><b>Knee High Socks:</b> Solid forest green only, cannot be worn over leggings<br/><i>Purchase from: Anywhere</i></p> <p><b>Seniors Only:</b> Navy blue knee high socks or navy blue tights<br/><i>Purchase from: Anywhere</i></p> | <p><b>Tights:</b> Solid black or forest green (no patterns)<br/><i>Purchase from: Anywhere</i></p> <p><b>Black Leggings:</b> Plain, solid black leggings (no decoration, pattern or athletic pants) may be worn in place of tights, provided they are <u>tucked into</u> black dress boots, with no socks showing. Must be worn under a skirt; cannot be worn alone as pants.<br/><i>Purchase from: Anywhere</i></p> <p><b>Knee High Socks:</b> Solid forest green, cannot be worn over leggings<br/><i>Purchase from: Anywhere</i></p> <p><b>Seniors Only:</b> Navy blue knee high socks or navy blue tights<br/><i>Purchase from: Anywhere</i></p> |

|                    |   |   |
|--------------------|---|---|
| <b>Shoes</b>       | <b>Shoes or Boots:</b> Comfortable to walk in and navigate campus; no open toes or open backs; no heel or platform higher than 2 inches; no slippers.   | <b>Black Dress Shoes:</b> No hiking boots, cowboy boots or rain boots; soles of shoes must be black or dark brown, no white or light-colored soles; no sparkles, pattern or other colors on shoes or boots; no open toes or backs; no heel or platform higher than 2 inches<br><br><b>Black Dress Boots:</b> No hiking boots, cowboy boots or rain boots; must be worn with tights or black leggings; soles of shoes must be black or dark brown, no white or light-colored soles; no |
|                    |   | sparkles, pattern or other colors on boots; no heel or platform higher than 2 inches<br><br><b>Black Athletic Shoes/Sneakers:</b> Dress shoes or dress boots are preferred, but students may wear all black athletic shoes/sneakers; soles of shoes must be black or dark brown, no white or light-colored soles; no sparkles, pattern or other colors on shoes or boots; no open toes or backs; no heel or platform higher than 2 inches   |
| <b>Accessories</b> | <ul style="list-style-type: none"> <li>• Accessories that are potentially unsafe will not be allowed at school (including, but not limited to: studded belts, chains, spikes, handcuffs, safety pins, etc.)</li> <li>• Belts must be functional, not decorative.</li> <li>• Hats, sunglasses and neck scarves may not be worn during class, assemblies or liturgies.</li> </ul> |   |
| <b>Notes</b>       | <ul style="list-style-type: none"> <li>• All uniform items must meet dress code guidelines.</li> <li>• No holes or rips in any uniform item (tops and bottoms).</li> <li>• No crop tops allowed as part of uniform or dress code.</li> </ul>  |   |

### Non-Uniform Dress Guidelines

- Entire area from armpit to 3-4" above the knee must be covered.
- The following tops may not be worn to school:
  - Tops that have straps that are less than 1" wide.
  - Tops that are see-through.
  - Tops that do not fully cover undergarments.
  - Tops that do not cover from at least the armpit to the top of pants/skirt, etc.
- Skirts, shorts and dresses must be no shorter than 3-4" above the knee.
- Clothing should not contain any messages,



symbols or references of profanity, drugs and alcohol, violence or disrespect of a group or individual.

- Accessories that are potentially unsafe will not be allowed at school (including, but not limited to: studded belts, chains, spikes, handcuffs, safety pins, etc.)
- Shoes must have a heel or platform less than 2".